

BUSINESS/OUTSIDE CATERING PLATTERS

PLEASE ORDER IN ADVANCE

ORIENTAL PLATTER £17.99

An exotic selection of Mini Onion Bhajias, Spring Rolls, Chicken Satay Sticks and Sweet Thai Chilli and Mango Chutney dipping sauces.

PLOUGHMANS PLATTER £16.99

A feast of traditional mini Pork Pies, Cheddar Cheese and Stilton Cubes, pickles, grapes and biscuits for cheese.

SANDWICH PLATTER (Standard) £17.99 (Luxury) £19.99

Assorted sandwiches with various fillings, including vegetarian options.

QUICHE £15.99

Large Quiche served with a side dish of crunchy coleslaw.

FRUIT PLATTER £16.99

Various fresh seasonal fruits, including pineapple, melon, grapes and strawberries, cut into easy to eat bite-size portions.

SEAFOOD PLATTER £24.99

A mouthwatering selection of prawns, mussels, smoked salmon, smoked mackerel and seafood paté served with a crunchy french stick basket and a seafood cocktail dipping sauce.

WRAP PLATTER £17.99

A selection of wraps cut into easy to eat pieces with various mouthwatering fillings.

CAKE PLATTER £16.99

Luxury selection of mini Pavlovas, mini pastries and chocolate éclairs in easy to eat bite-size pieces.

Platters serve approximately 8 to 10 persons

DRINKS

| | |
|---------------------------------|-----------------|
| Sparkling / Still Mineral Water | £1.00 per litre |
| Fresh Fruit Juice | £2.00 per litre |
| Plastic Wine Glasses | 30p each |
| Tablecloths | 75p each |

FREE DELIVERY ON ALL BUSINESS PLATTERS

FREE DELIVERY ON ALL ORDERS OVER £10

**4 Corporation Road
Chelmsford
Essex CM1 2AR**

01245 268008

Email: order.munch@hotmail.co.uk

www.munch1.co.uk

**sandwich bar
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| | in* | out |
|---|------|------|
| SANDWICHES | | |
| <i>cheese and ham</i> | 2.40 | 2.15 |
| <i>cheese and red onion</i> | 2.20 | 1.95 |
| <i>cheese and spring onion mayo</i> | 2.20 | 1.95 |
| <i>ham and tomato</i> | 2.20 | 1.95 |
| <i>corned beef and crunchy coleslaw</i> | 2.20 | 1.95 |
| <i>chicken bacon mayo</i> | 2.20 | 1.95 |
| <i>chicken mayo and sweetcorn</i> | 2.20 | 1.95 |
| <i>chinese chicken</i> | 2.20 | 1.95 |
| <i>roast beef and dijon mustard</i> | 2.20 | 1.95 |
| <i>italian chicken</i> | 2.20 | 1.95 |
| <i>coronation chicken mango chutney and lettuce</i> | 2.60 | 2.35 |
| <i>chicken tikka lettuce and raita</i> | 2.40 | 2.15 |
| <i>stilton and walnut</i> | 2.20 | 1.95 |
| <i>prawn cocktail and avocado</i> | 2.40 | 2.15 |
| <i>crayfish tails, rocket and lemon mayo</i> | 2.40 | 2.15 |

BAGUETTES

| | | |
|--|------|------|
| <i>prawn and salad</i> | 3.10 | 2.95 |
| <i>cheese salad</i> | 3.10 | 2.95 |
| <i>cheese and red onion</i> | 2.90 | 2.75 |
| <i>chicken bacon mayo</i> | 2.90 | 2.75 |
| <i>chinese chicken</i> | 2.90 | 2.75 |
| <i>italian chicken</i> | 2.90 | 2.75 |
| <i>stilton and walnut</i> | 2.90 | 2.75 |
| <i>prawn cocktail and avocado</i> | 3.10 | 2.95 |
| <i>crayfish tails, rocket and lemon mayo</i> | 3.10 | 2.95 |

TOASTIES

| | | |
|---------------------------------------|------|------|
| <i>cheese</i> | 2.30 | 2.00 |
| <i>cheese and ham</i> | 2.50 | 2.20 |
| <i>cheese and red onion</i> | 2.30 | 2.00 |
| <i>cheese and beans</i> | 2.50 | 2.20 |
| <i>chicken bacon mayo and cheese</i> | 2.50 | 2.20 |
| <i>chicken mayo and cheese</i> | 2.50 | 2.20 |
| <i>italian chicken and mozzarella</i> | 2.50 | 2.20 |
| <i>bbq chicken and cheese</i> | 2.50 | 2.20 |
| <i>tuna mayo sweetcorn and cheese</i> | 2.50 | 2.20 |
| <i>ham tomato and mustard</i> | 2.50 | 2.20 |

JACKET POTATOES

| | | |
|--|------|------|
| <i>chilli con carne and sour cream</i> | 2.90 | 2.50 |
| <i>cheese and beans</i> | 2.90 | 2.50 |
| <i>tuna mayo sweetcorn and cheese</i> | 2.90 | 2.50 |
| <i>coronation chicken</i> | 2.70 | 2.25 |
| <i>prawn mayo</i> | 2.90 | 2.25 |
| <i>cream cheese & pineapple</i> | 2.90 | 2.50 |

**served with a salad garnish*

~ many other fillings available ~

SALADS

| | | |
|---|------|------|
| <i>chicken caesar</i> | 2.90 | 1.90 |
| <i>prawn & seafood dressing</i> | 2.90 | 1.90 |
| <i>coronation chicken and mango chutney</i> | 2.90 | 1.90 |
| <i>salmon</i> | 2.90 | 1.90 |
| <i>greek salad</i> | 2.90 | 1.90 |
| <i>cheese & red onion</i> | 2.90 | 1.90 |
| <i>chicken bacon mayo</i> | 2.90 | 1.90 |
| <i>side salad</i> | 1.70 | 1.70 |

PANINI

| | | |
|--|------|------|
| <i>tuna mayo and cheese</i> | 3.10 | 2.95 |
| <i>stilton walnut and cranberry</i> | 3.10 | 2.95 |
| <i>brie and bacon</i> | 3.10 | 2.95 |
| <i>bbq chicken and mozzarella</i> | 3.10 | 2.95 |
| <i>cheese and ham</i> | 3.10 | 2.95 |
| <i>breakfast (sausage, bacon, egg)</i> | 3.40 | 3.15 |

ALL DAY BREAKFAST

| | | |
|---|------|----------------|
| <i>2 sausages, 2 bacon, scrambled egg mushrooms, heinz beans, tea and toast</i> | 5.95 | <i>in only</i> |
|---|------|----------------|

SOUP

| | | |
|------------------------------------|------|------|
| <i>carrot and corriander</i> | 1.65 | 1.25 |
| <i>potato and leek</i> | 1.65 | 1.25 |
| <i>served with a buttered roll</i> | 1.95 | 1.55 |

CAKES

| | | |
|---|------|------|
| <i>scone with butter and jam</i> | 1.25 | 0.95 |
| <i>toasted tea cake</i> | 1.00 | 0.75 |
| <i>muffins</i> | 0.90 | 0.60 |
| <i>flapjacks</i> | 0.90 | 0.60 |
| <i>rocky road, millionaire's shortbread</i> | 1.00 | 0.70 |
| <i>carrot cake</i> | 1.40 | 1.25 |
| <i>homemade cheesecake**</i> | 1.40 | 1.25 |
| <i>hot chocolate fudge cake**</i> | 1.40 | 1.25 |

DRINKS

| | | |
|--|-----------|------|
| <i>cup of tea / pot of tea</i> | 1.10/1.50 | 0.70 |
| <i>cup of speciality tea / pot of speciality tea</i> | 1.20/1.60 | 0.90 |
| <i>filter coffee, freshly ground</i> | 1.40 | 0.90 |
| <i>cappuccino</i> | 1.60 | 0.90 |
| <i>hot chocolate with cream and sprinkles</i> | 1.60 | 1.10 |
| <i>mocha</i> | 1.50 | 0.90 |
| <i>latte</i> | 1.50 | 0.90 |
| <i>tropicana freshly squeezed orange juice</i> | 1.60 | 1.20 |
| <i>coke, pepsi, fanta etc.</i> | 1.35 | 0.95 |
| <i>mineral water still or sparkling</i> | 1.25 | 0.75 |

***eat in served with fresh dairy cream*

~ for specials see blackboard ~